

Delaware County Girls Track and Field Championships

May 6-7, 2005- Upper Darby HS

Team scoring: Cardinal O'Hara 137, Strath Haven 84, Chester 48, Archbishop Carroll 42, Penncrest 39, Haverford 37, Interboro 34 Springfield 25, Academy Park 22, Radnor 22, Upper Darby 18, Archbishop Prendergast 16, Notre Dame 10, Ridley 8, Marple Newtown 6.

100: 1. Katie Quinn (Interboro) 12.62, 2. Delilah Badgette (Academy Park) 12.65, 3. Lindsey Aaron (Card. O'Hara) 12.75, 4. Bridgett Gallagher (Radnor) 13.15, 5. Allison McLaughlin (Strath Haven) 13.16, 6. Kasey Lee (Academy Park) 13.29.

200: 1. Katie Quinn (Interboro) 25.49, 2. Delilah Badgette (Academy Park) 25.62, 3. Devon DuPont (Arch. Carroll) 26.32, 4. Sarah Houtmann (Card. O'Hara) 26.92, 5. Brittany McDonald (Upper Darby) 27.24, 6. Jess Woods (Garnet Valley) 27.26.

400: 1. Lindsey Aaron (Card. O'Hara) 58.22, 2. Devon DuPont (Arch. Carroll) 58.72, 3. Shaniel Chambers (Chester) 59.19, 4. Jacqui Logan (Strath Haven) 59.26, 5. Tricia Hunt (Card. O'Hara) 1:00.09, 6. Magina Slowe (Academy Park) 1:01.26.

800: 1. Stephanie Hayden (Notre Dame) 2:18.01, 2. Rhian Jones (Haverford) 2:20.28, 3. Kelly Unger (Card. O'Hara) 2:20.48, 4. June Farley (Radnor) 2:21.25, 5. Maureen Benner (Arch. Prendergast) 2:21.75, 6. Kristen McGoldrick (Garnet Valley) 2:22.35.

1600: 1. Lisa Vienneau (Strath Haven) 5:05.07, 2. Liz Milewski (Radnor) 5:10.08, 3. Shannon Holm (Radnor) 5:15.45, 4. Caroline Grant (Card. O'Hara) 5:16.09, 5. Katie Kelly (Card. O'Hara) 5:20.32, 6. Katie McShay (Card. O'Hara) 5:24.36.

3,200: 1. Julia Somers (Haverford) 11:09.11 (meet record, breaking 11:09.4, Sheila Klick, Arch. Prendergast 1999), 2. Beth Kelly (Card. O'Hara) 11:10.68, 3. Julie Karaszkiwicz (Garnet Valley) 11:11.15, 4. Colleen Boland (Arch. Prendergast) 11:35.01, 5. Caroline Grant (Card. O'Hara) 11:35.1, 6. Shay Dickson (Strath Haven) 11:42.32.

100 hurdles: 1. Kerry Kelly (Strath Haven) 15.63, 2. Kelly Reed (Haverford) 16.20, 3. Joanna Pardini (Card. O'Hara) 16.87, 4. Ashley Taylor (Springfield) 16.90, 5. Brittany Williams Upper Darby) 16.93, 6. Tracy Olszewski (Arch. Prendergast) 17.23

300 hurdles: 1. Devon DuPont (Arch. Carroll) 44.47, 2. Jawanda Jackson (Chester) 45.97, 3. Kerry Kelly (Strath Haven) 46.04, 4. Jennifer Ball (Chester) 46.77, 5. Alix Williams (Strath Haven) 47.91, 6. Lauren Ferry (Garnet Valley) 48.14.

4 x 100: 1. Cardinal O'Hara (Lindsey Aaron, Sarah Houtmann, Tricia Hunt, Nialah Smith) 50.34, 2. Strath Haven (Allison McLaughlin, Jacqui Logan, Kerry Kelly, Katie Dolphin) 50.84, 3. Upper Darby (Lauren Green, Esteem Winder, Brittany McDonald, Brandi Slaughter) 50.87, 4. Academy Park (Kacey Lee, Delilah Badgette, Magina Slowe, Bridgette Breese) 51.04, 5. Ridley (Chrissy Savage, Kristene McAleer, Amanda Hopson, Amanda Jones) 51.30, 6. Garnet Valley (Jess Sever, Kristin McGoldrick, Lauren Krol, Jess Woods) 51.94.

4 x 400: 1. Cardinal O'Hara (Sarah Houtmann, Kelly Unger, Tricia Hunt, Lindsey Aaron) 4:03.09, 2. Chester (Jennifer Ball, Jawanda Jackson, Michelle Robinson, Shaniel Chambers) 4:04.49, 3. Strath Haven (Allison McLaughlin, Kerry Kelly, Alix Williams, Jacqui Logan) 4:07.63, 4. Ridley (Tara Mitnick, Chrissy Savage,

Sam Smarkola, Ashley Robertson) 4:13.08, 5. Upper Darby (Brandi Slaughter, Esteem Winder, Bintu Dibba, Christine Tieh) 4:14.67, 6. Archbishop Prendergast (Elena D'Andrea, Maureen Benner, Erica Matticola, Christine Harrison) 4:14.70.

4 x 800: 1. Cardinal O'Hara (Bridgette Boudwin, Katie Kelly, Kelly Unger, Beth Kelly) 9:31.32, 2. Archbishop Prendergast (Maureen Benner, Colleen Boland, Tara Gannon, Kelli Fierras) 9:40.16, 3. Archbishop Carroll (Amanda Cosfol, Coie Rettew, Emily Paffett, Kaitlin Storbeck) 9:42.20, 4. Haverford (Julia Somers, Corrine Taylor, Katie Dutch, Rhian Jones) 9:43.77, 5. Strath Haven (Taylor Wright, Kristin Kildea, Amy Wharton, Lisa Vienneau) 9:43.97, 6. Ridley (Sam Smarkola, Chrissy Savage, Jeana Kolson, Tara Mitnick) 10:09.33.

High jump: 1. Nihjer Richardson (Chester) 5-2, 2. Chelsea Miles (Penncrest) 5-1, 3. Dana Groce (Haverford) 5-0, 4. Joanna Pardini (Cardinal O'Hara) 4-10, 5. Michele Frayne (Cardinal O'Hara) 4-10, 6. Bintou Dibba (Upper Darby) 4-10.

Long jump: 1. Devon DuPont (Arch. Carroll) 17-63/4, 2. Tricia Hunt (Card. O'Hara) 17-51/4, 3. Michele Frayne (Card. O'Hara) 17-43/4, 4. Chelsea Miles (Penncrest) 17-43/4, 5. Jawanda Jackson (Chester) 17-31/2, 6. Dana Groce (Haverford) 16-3/4.

Triple jump: 1. Michele Frayne (Cardinal O'Hara) 37-0, 2. Jawanda Jackson (Chester) 35-10 1/2, 3. Chelsea Miles (Penncrest) 35-10, 4. Joanna Pardini (Cardinal O'Hara) 33-10 3/4, 5. Shaliana Quattlebaum (Upper Darby) 32-10 3/4, 6. Rino Sato (Strath Haven) 31-10 3/4.

Pole vault: 1. Rino Sato (Strath Haven) 9-6, 2. Rachel Skalina (Strath Haven) 9-0, 3. Aileen Mattson (Cardinal O'Hara) 8-6, 4. Tori Kennedy (Penncrest) 8-6, 5. Brooke McDonald (Upper Darby) 8-6, 6. Patty Ann Fitzsimmons (Upper Darby) 8-0.

Discus: 1. Steph Mechell (Springfield) 106-6, 2. Katie Johnson (Interboro) 104-0, 3. Karen Shump (Penncrest) 100-8, 4. Sarah Manley (Card. O'Hara) 97-4, 5. Margaret Merlie (Springfield) 94-8, 6. Joy Reynolds (Ridley) 94-6.

Shot put: 1. Karen Shump (Penncrest) 41-10 1/2 (meet record, breaking 38-9 1/2, Christine Heffernan, Springfield 1999), 2. Sarah Manley (Card. O'Hara) 35-8 1/2, 3. Katie Johnson (Interboro) 34-9 1/2, 4. Shay Brown (Strath Haven) 34-4 1/4, 5. Nihjer Richardson (Chester) 32-4 1/2, 6. Steph Mechell (Springfield) 32-0.

Javelin: 1. Meghan Walker (Strath Haven) 119-0, 2. Jesse Furia (Springfield) 107-0, 3. Lindsay Evans (Marple Newtown) 106-9, 4. Michele Frayne (Cardinal O'Hara) 106-6, 5. Shannon Kane (Springfield) 101-10, 6. Carly Berner (Penncrest) 99-1.